

# TITLE X

## FAMILY PLANNING SERVICES IN IOWA



Funded by the U.S. Department of Health and Human Services  
Sponsored by the Family Planning Council of Iowa and the Iowa Department of Public Health

**1 ALLEN HOSPITAL**  
Allen Women's Health  
233 Vold Drive  
Waterloo, IA 50703  
319-235-5090 / 1-800-435-2640

**2 Independence Clinic**  
Buchanan County Health Center  
1600 1<sup>st</sup> Street East  
Independence, IA 50644  
319-334-7005 / 1-800-435-2640

**3 Waverly Clinic**  
91 East Bremer Avenue  
Waverly, IA 50677  
319-352-1591 / 1-800-435-2640

**4 Student Health Services**  
Hawkeye Community College  
Grundy Hall - Room 215  
Waterloo, IA 50704  
319-296-4224 / 1-800-435-2640

**5 Cedar Falls Clinic**  
3316 Cedar Heights Drive, Ste B  
Cedar Falls, IA 50613  
319-266-1349 / 1-800-435-2640

**6 CENTRAL IOWA FAMILY PLANNING**  
704 May Street  
Marshalltown, IA 50158  
641-752-7159

**7 Grinnell Clinic**  
717 5<sup>th</sup> Avenue, Ste 4  
Grinnell, IA 50112  
641-236-7787

**8 Toledo Clinic**  
507 South County Road  
Toledo, IA 52342  
641-484-2471

**CRAWFORD COUNTY HOME HEALTH,  
HOSPICE & PUBLIC HEALTH**  
105 North Main, Courthouse Annex  
Denison, IA 51442  
712-263-3303

**9 Atlantic Clinic**  
Cass County Memorial Hospital  
Home Care/Hospice  
1500 East 10<sup>th</sup> Street  
Atlantic, IA 50022  
712-243-8006

**10 Denison Clinic**  
115 North 14<sup>th</sup> Street  
Denison, IA 51442  
712-263-4510

**11 Harlan Clinic**  
Myrtue Medical Center  
1213 Garfield Avenue  
Harlan, IA 51537  
712-755-4312

**12 Logan Clinic**  
Harrison County Public Health  
116 North 2<sup>nd</sup> Avenue  
Logan, IA 51546  
712-644-2220

**13 Monona County Courthouse Annex**  
610 Iowa Avenue  
Onawa, IA 51040  
712-433-1773

**14 Onawa Clinic**  
Burgess Health Center  
1600 Diamond Place  
Onawa, IA 51040  
712-433-1773

**15 Woodbine Clinic**  
3169 Highway 30  
Woodbine, IA 51579  
712-647-3464

**16 EDGERTON WOMEN'S HEALTH  
CENTER**  
1510 East Rusholme  
Davenport, IA 52803  
563-359-6633

**17 Friendly House**  
1221 Myrtle Street  
Davenport, IA 52804  
563-823-9211

**HILLCREST FAMILY SERVICES**  
2005 Asbury Road  
Dubuque, IA 52001  
563-583-7357

**18 Hillcrest Family Services Clinic**  
220 West 7<sup>th</sup> Street  
Dubuque, IA 52001  
563-583-6431

**19 NEW OPPORTUNITIES**  
23751 Highway 30  
Carroll, IA 51401  
712-792-9266 / 1-800-642-6330

**20 Dallas County Clinic**  
Dallas County Family Development  
Center  
2814 1<sup>st</sup> Street  
Perry, IA 50020  
515-465-4570

**21 NORTHEAST IOWA COMMUNITY  
ACTION CORPORATION**  
NEICAC Health Services  
305 Montgomery  
Decorah, IA 52101  
563-382-8436 / 1-866-742-3226

**22 Elkader Clinic**  
NEICAC Health Services  
Elkader Medical Associates  
911 Carter NW  
Elkader, IA 52043  
563-382-8436 / 1-866-742-3226

**23 Fayette Clinic**  
NEICAC Health Services  
9 South Main Street  
Fayette, IA 52142  
563-382-8436 / 1-866-742-3226

**24 New Hampton Clinic**  
NEICAC Health Services  
24 North Linn Avenue  
New Hampton, IA 50659  
563-382-8436 / 1-866-742-3226

**25 Postville Clinic**  
NEICAC Health Services  
128 South Lawler  
Postville, IA 52162  
563-382-8436 / 1-866-742-3226

**26 NORTH IOWA COMMUNITY ACTION**  
300 15<sup>th</sup> Street NE  
Mason City, IA 50401  
641-423-5044 / 1-800-657-5856

**27 Algona Clinic**  
14 North Dodge  
Algona, IA 50511  
641-423-5044 / 1-800-657-5856

**28 Allison Clinic**  
Saint James Lutheran Church  
421 North Main Street  
Allison, IA 50602  
641-423-5044 / 1-800-657-5856

**29 Charles City Clinic**  
1010 South Grand  
Charles City, IA 50616  
641-423-5044 / 1-800-657-5856

**30 First Lutheran Church**  
226 North Putnam Street  
Algona, IA 50511  
641-423-5044 / 1-800-657-5856

**31 Forest City Clinic**  
135 School Street  
Forest City, IA 50436  
641-423-5044 / 1-800-657-5856

**32 Garner Clinic**  
Garner Area Education Center  
325 West 8<sup>th</sup> Street  
Garner, IA 50438  
641-423-5044 / 1-800-657-5856

**33 Hampton Clinic**  
Franklin County Public Health Nursing  
1600 Central Avenue E  
Hampton, IA 50441  
641-423-5044 / 1-800-657-5856

**34 Osage Clinic**  
Our Savior's Lutheran Church  
833 Ash  
Osage, IA 50461  
641-423-5044 / 1-800-657-5856

**PLANNED PARENTHOOD OF  
THE HEARTLAND**  
1171 7<sup>th</sup> Street  
Des Moines, IA 50314  
515-280-7004

**35 Ames Center**  
2530 Chamberlain Street  
Ames, IA 50014  
1-877-811-7526

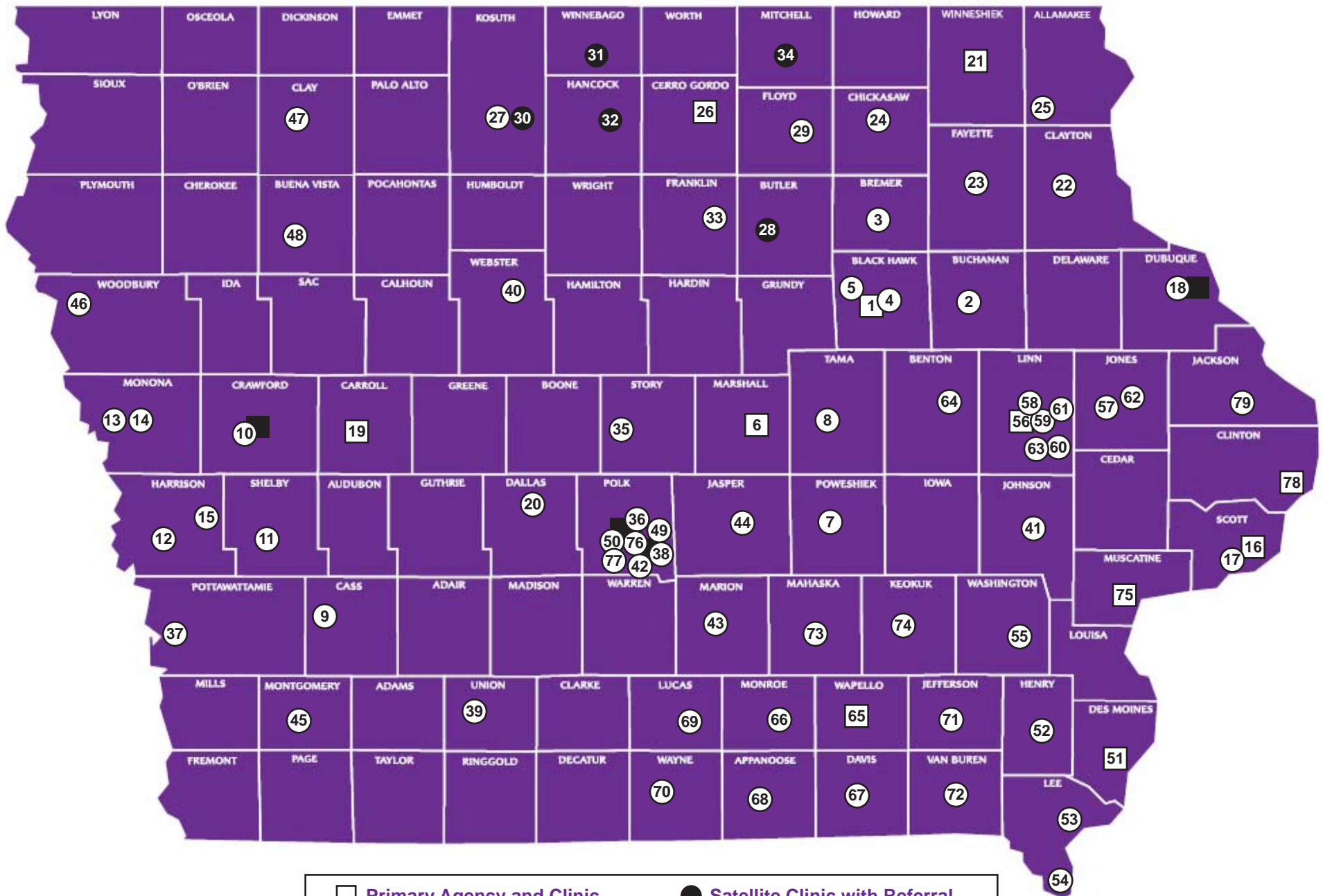
**36 Ankeny Center**  
704 North Ankeny Boulevard  
Ankeny, IA 50023  
1-877-811-7526

**37 Council Bluffs Health Center**  
1604 2<sup>nd</sup> Avenue  
Council Bluffs, IA 51501  
712-322-6650

**38 Creative Visions/Health Connections**  
1343 13<sup>th</sup> Street  
Des Moines, IA 50314  
1-877-811-7526

**39 Creston Center**  
1109 Sumner Street  
Creston, IA 50801  
1-877-811-7526

**40 Fort Dodge**  
30 North 27<sup>th</sup> Street  
Fort Dodge, IA 50501  
1-877-811-7526



- 41 Iowa City Center**  
850 Orchard Street  
Iowa City, IA 52246  
1-877-811-7526
- 42 Joseph F. Rosenfield Center**  
1000 East Army Post Road  
Des Moines, IA 50315  
1-877-811-7526
- 43 Knoxville Center**  
909 West Pleasant Street  
Knoxville, IA 50138  
1-877-811-7526
- 44 Newton Center**  
615 North 2<sup>nd</sup> Avenue W  
Newton, IA 50208  
1-877-811-7526
- 45 Red Oak Center**  
950 Senate Avenue, Ste B  
Red Oak, IA 51566  
1-877-811-7526
- 46 Sioux City Center**  
4409 Stone Avenue  
Sioux City, IA 51106  
1-877-811-7526
- 47 Spencer Center**  
Gateway North Mall  
1900 Grand Avenue N  
Spencer, IA 51301  
1-877-811-7526
- 48 Storm Lake Center**  
720 Erie Street  
Storm Lake, IA 50588  
1-877-811-7526
- 49 Susan Knapp Health Center**  
2304 University  
Des Moines, IA 50311  
1-877-811-7526
- 50 West Center**  
10534 New York Avenue  
Urbandale, IA 50322  
1-877-811-7526
- 51 PLANNED PARENTHOOD OF SOUTHEAST IOWA**  
620 North 8<sup>th</sup> Street  
Burlington, IA 52601  
319-753-2281
- 52 Henry County Clinic**  
114 East Monroe, #111  
Mount Pleasant, IA 52641  
319-385-4132
- 53 North Lee County Clinic**  
2201 Avenue H  
Fort Madison, IA 52627  
319-372-1130
- 54 South Lee County Clinic**  
1626 Morgan Street  
Keokuk, IA 52632  
319-524-2759
- 55 Washington County Clinic**  
311 North 4<sup>th</sup> Avenue  
Washington, IA 52353  
319-653-3525
- 56 ST. LUKE'S FAMILY HEALTH CENTER**  
4251 River Center Court NE  
Cedar Rapids, IA 52402  
319-369-7397
- 57 Anamosa Clinic**  
Anamosa Family Medicine  
1791 Highway 64 E  
Anamosa, IA 52205  
319-462-3571
- 58 ASAC-Heart of Iowa**  
Substance Abuse Treatment Program for Women  
4050 Bowling Street SW  
Cedar Rapids, IA 52404  
319-862-1050
- 59 Community Free Clinic**  
947 14<sup>th</sup> Avenue SE  
Cedar Rapids, IA 52403  
319-363-1626
- 60 Cornell College**  
Health Services Office  
600 1<sup>st</sup> Street W  
Mount Vernon, IA 52314  
319-895-4292
- 61 Kirkwood Community College**  
Campus Nurse/Student Health Office  
6301 Kirkwood Boulevard SW  
Cedar Rapids, IA 52404  
319-398-5588
- 62 Monticello Family Medicine**  
740 East Oak Street  
Monticello, IA 52310  
319-465-6702
- 63 Mount Vernon Family Medicine**  
200 Virgil Avenue SE  
Mount Vernon, IA 52314  
319-895-8841
- 64 Vinton Clinic**  
Vinton Family Practice  
1803 C Avenue  
Vinton, IA 52349  
319-472-2304
- 65 SOUTHERN IOWA FAMILY PLANNING CLINIC, INC.**  
228 East 2nd Street  
Ottumwa, IA 52501  
641-682-9955 / 1-800-452-3365
- 66 Albia Clinic**  
Women's World of Fitness Building  
10 Washington Avenue E  
Albia, IA 52531  
641-682-9955 / 1-800-452-3365
- 67 Bloomfield Clinic**  
Davis County Public Health Nursing  
105 South Pine Street  
Bloomfield, IA 52537  
641-682-9955 / 1-800-452-3365
- 68 Centerville Clinic**  
Farm Bureau Building  
1024 North 18<sup>th</sup> Street  
Centerville, IA 52544  
641-682-9955 / 1-800-452-3365
- 69 Chariton Clinic**  
Lucas County Public Health Nursing  
123 South Grand Street  
Chariton, IA 50049  
641-682-9955 / 1-800-452-3365
- 70 Corydon Clinic**  
Wayne County Public Health Nursing  
417 South East Street  
Corydon, IA 50060  
641-682-9955 / 1-800-452-3365
- 71 Fairfield Clinic**  
Jefferson County Public Health Nursing  
200 West Briggs Avenue  
Fairfield, IA 52556  
641-682-9955 / 1-800-452-3365
- 72 Keosauqua Clinic**  
Van Buren County Public Health Nursing  
905 Broad Street  
Keosauqua, IA 52565  
641-682-9955 / 1-800-452-3365
- 73 Oskaloosa Clinic**  
Mahaska County Public Health Nursing  
1225 C Avenue East  
Oskaloosa, IA 52577  
641-682-9955 / 1-800-452-3365
- 74 Sigourney Clinic**  
Family Practice Building  
101 East Marion Street  
Sigourney, IA 52591  
641-682-9955 / 1-800-452-3365
- 75 UNITY PUBLIC HEALTH**  
1609 Cedar Street  
Muscatine, IA 52761  
563-263-0122 / 1-888-271-9577
- 76 VISITING NURSE SERVICES**  
1111 9<sup>th</sup> Street, Ste 390  
Des Moines, IA 50314  
515-558-9609
- 76 Venus Family Planning Services, Park Fair Clinic**  
100 East Euclid Avenue, Ste 129  
Des Moines, IA 50313  
515-558-9585
- 77 Venus Family Planning Services, West Clinic**  
1211 Vine Street, Ste 2140  
West Des Moines, IA 50265  
515-558-1413
- 78 WOMEN'S HEALTH SERVICES**  
2635 Lincoln Way, Ste A  
Clinton, IA 52732  
563-243-1413
- 79 Maquoketa Clinic**  
229 South Main Street  
Maquoketa, IA 52060  
563-652-3749 / 1-800-664-1413

# FAMILY PLANNING SERVICES IN IOWA

Iowa has many health clinics that offer family planning services. This brochure gives information about family planning clinics that are supported and sponsored by the Family Planning Council of Iowa and the Iowa Department of Public Health.

Services at public Title X family planning clinics are available to all Iowa residents regardless of religion, race, color, age, gender, number of pregnancies, or marital status.

## MEDICAL SERVICES

- Birth control exams and supplies
- Tests and treatment for sexually transmitted diseases (STDs)
- Infertility exams, counseling and referral
- Tests for high blood pressure and anemia
- Pregnancy tests

## HEALTH EDUCATION

- Birth control methods
- Reproductive health
- Self exams for breast and testicular cancer
- Sexually transmitted diseases and HIV/AIDS
- Importance of nutrition
- Effects of alcohol, drugs and tobacco on reproductive health

## COMMUNITY EDUCATION

- Public speakers and educational materials
- Parent-child communication
- Reproductive health
- Birth control

## INFORMATION

- How to plan a healthy pregnancy
- How to talk with parents and others about sexuality
- How to resist coercive sexual activity

## COSTS FOR SERVICES

Fees for Title X family planning services are based on ability to pay and often cost less than at other health centers. Services are free for people enrolled in Medicaid and those whose income is below the federal poverty guidelines.

Title X family planning clinics offer high quality and confidential health care. Medical services are provided by physicians and nurse practitioners trained in family planning health care. Educational programs offered through family planning clinics respond to local community needs.

The Title X family planning clinics listed in this brochure can help you make an appointment at the site nearest you. You may call the toll-free Healthy Families Line for confidential information and referral.

**1-800-369-2229**  
**1-800-735-2942 (TTY)**

*This brochure was developed by the Iowa Department of Public Health in collaboration with the Family Planning Council of Iowa. For additional copies, contact the Healthy Families Line at 1-800-369-2229.*

# **Iowa Department of Public Health**

***Promoting and protecting the health of Iowans***

Chester J. Culver, Governor • Patty Judge, Lt. Governor • Thomas Newton, Director